

## FACTSHEET What is Mediation?

At the OPG we have a Dispute Resolution Service (DRS) that can provide mediation if a person has given an advance care directive and there is a dispute over decisions that need to be made. This fact sheet provides information about mediation and what you can expect from our service.

## What is mediation?

Mediation is a type of meeting that helps people who are involved in a disagreement to talk about the issues and share their views.

A mediator is someone who is trained to help people communicate with each other and make their own decisions without taking sides.

## What happens during mediation?

Before mediation takes place, the mediator will:

- Speak individually to everyone who is involved
- Make sure it is safe and appropriate to mediate
- Give information to help people understand their rights and obligations around ACDs and decision-making arrangements
- Help people to identify the issues and think about the situation from different perspectives
- Make sure everyone understands the mediation process
- Make sure everyone understands privacy and confidentiality

During mediation, a mediator won't make any decisions themselves, but they can make sure that everyone:

- Can be listened to
- Can hear and understand what others have to say
- Can talk about ideas and what they want for the future
- Can focus on the needs and wishes of the person the conflict is about
- Can work out solutions for the future

The mediator will not:

- Take sides
- Decide who is right or wrong
- Make a decision for you
- Force you to agree to anything



Office of the Public Guardian Department of Justice

OPG Mediation services are:

- Voluntary
- Confidential
- Free

## How to apply for mediation

You can apply for mediation by:

- Calling the OPG on 6165 3444 / 1800 855 722
- Downloading the application form from our website <u>www.publicguardian.tas.gov.au</u>.

You can find more information about the OPG's Dispute Resolution Service in the 'Dispute Resolution Service Factsheet'. You can also call the OPG for more information or to discuss a potential application.

